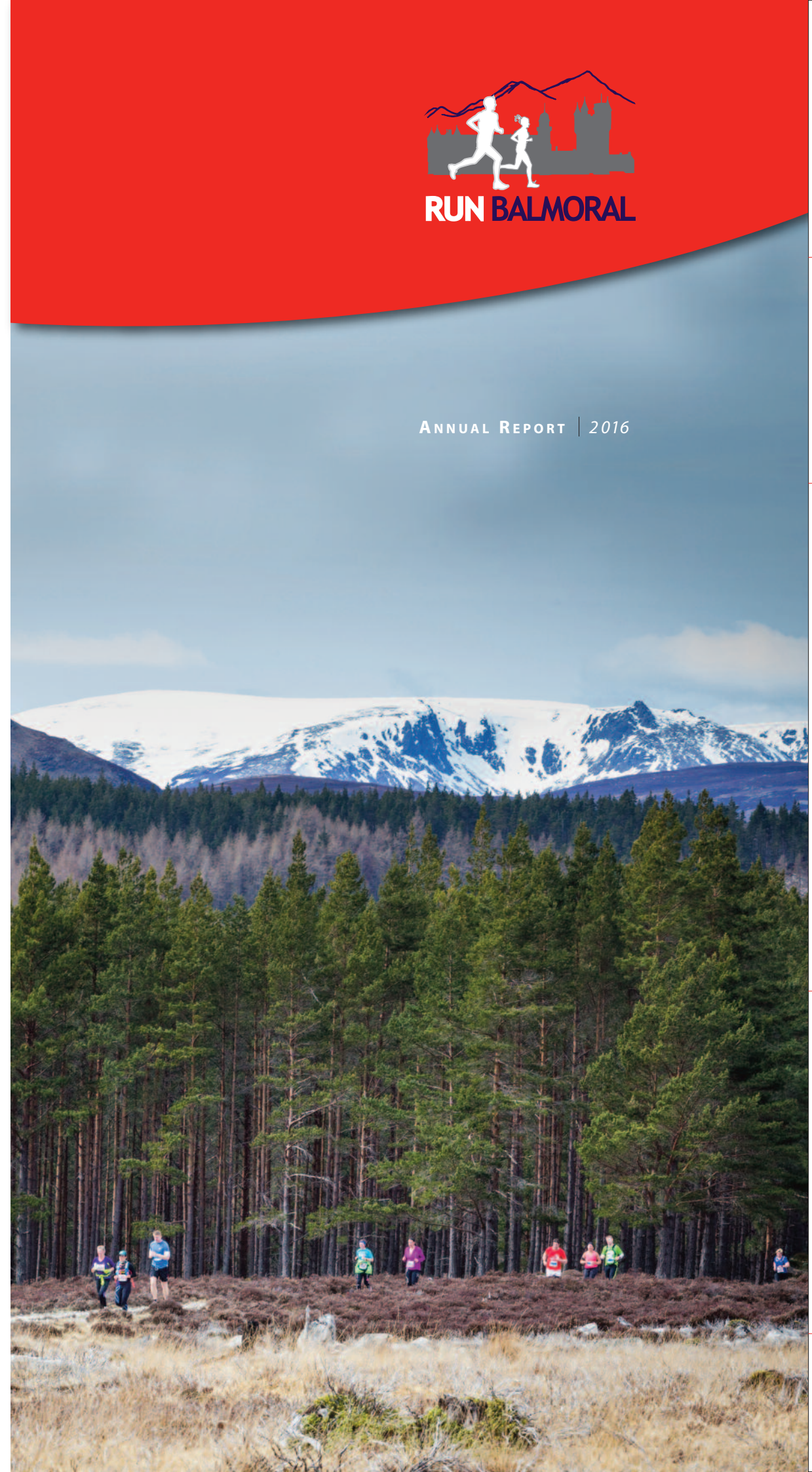




ANNUAL REPORT | 2016



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Highlights - *Message from the Chairman*

We hope everyone enjoyed another fantastic RunBalmoral event over the weekend on 23-24 April. It was brilliant to once again see such a great turnout of competitors and spectators, especially on the Saturday when weather conditions were not ideal with occasional snow showers blowing down from the mountain tops. This undoubtedly affected the attendance to some extent as, despite record numbers of entrants, we had our highest level of 'no-shows' as well. Fortunately the sun shone for long periods on the Sunday when we saw our largest number of day-two participants.

It was fantastic that three new records were set with Scotland international Jen Wetton, from Stirling, eclipsing the previous best time in the women's division of the Stena Tartan Drilling 10km, while Aberdeen AAC's Rebecca Eggeling set a new mark in the Kongsberg Maritime 2.5km girls' run and her clubmate Anisha

Throughout the year we try to engage with the wider community and I am delighted we have continued to develop our links with many important charities and thanks to the efforts of their volunteers and runners, significant sums are raised for worthy causes. This year I am proud to say we have been working in partnership with Gastrocan, VSA, CLIC Sargent, CLAN, Maggie's Centres, Archie Foundation, Macmillan, Friends of Anchor, Aberdeen F.C. Community Trust, Cornerstone, Diabetes UK, Crathie Opportunity Holidays and Grampian Children's Respite.

RunBalmoral certainly appreciates the support we get from the wider local community and everyone associated with the event was shocked by the devastation caused by the dreadful flooding in and around the Ballater area this winter. We were fortunate in being able to make a financial contribution towards helping those most affected by the storm damage.



They even get involved in the action, with Team Balmoral taking an excellent second position behind Aberdeen Sports Village in the Stena Drilling-ConocoPhillips Corporate Team Challenge this year.

There are many more groups, organisations and service suppliers who contribute to the success of RunBalmoral and we have mentioned them all elsewhere in this document. To each and every one, I wish to express my sincere thanks.



Badial led the way home in the Wee Trail race. But everyone who took part can rightly call themselves a champion as it takes a lot of commitment to train for, then complete, our races.

RunBalmoral is not, however, only about watching current and potential future athletics champions demonstrating their talents. It is an event at which each and every participant is treated equally and every performance is celebrated enthusiastically.

We have also continued our Sports Bursary Programme into a second year and this has again proved popular. We have been able to support 12 local projects and more details of these can be found later in this report.

The economic environment has been particularly challenging for many businesses recently, especially in the energy sector, so we are extremely grateful that our loyal sponsors have continued with their fantastic support. MPH Ltd, Kongsberg Maritime, ConocoPhillips and Stena Drilling have been involved for many years while Apollo have been with us now for the past two years. We are hugely appreciative of their contribution. Glacier Energy Services have backed the 15 mile trail race for the past two years but unfortunately are unable to continue into 2017. I wish to express my sincere thanks to them for being part of the Balmoral set-up. We will now endeavour to find a new sponsor for this increasingly popular race which this year attracted its biggest entry. Aberdeenshire Council is another organisation which has given this event its wholehearted support and, once again, I wish to acknowledge their input. The people at Balmoral Estate must also be recognised, not only for making this wonderful venue available, but also for all the hard work put in by staff to ensure everything runs so smoothly.

The Directors of RunBalmoral also wish to express their thanks to the management team of Alastair Simpson, Fraser Clyne, Garry Marsden and Jane Fedo who have a major input to this event.

In 2017 we will celebrate the 20th anniversary of the Balmoral races. These will be held on Saturday 22nd and Sunday 23rd April.

Chairman, Balmoral Road Races Ltd, June 2016



RunBalmoral - Sports Bursary

One of the key aims of RunBalmoral is to encourage and provide opportunities for more people to engage in healthy sporting activities and our races cater for all ages and all levels of experience. We have continued to develop our links with local charities and it is fantastic to see so much money being raised for so many worthy causes. This year our involvement with the wider north east community was extended by our decision to continue our Sports Bursary awards scheme which has allowed us to support 12 projects, compared with nine in 2015, all of which will encourage more and more youngsters to be involved in sport and active pursuits. The groups and organisations to benefit were as follows:-

Kemnay Academy: Contribution towards the purchase of two treadmills for extra-curricular boys and girls fitness clubs.

Kemnay Academy: Contribution towards the purchase of athletics vests for school pupils.

Kinnellar Primary School: Contribution towards replacing PE equipment lost in a fire at New Year.

Inchgarth Community Centre, Aberdeen: Funding for tennis coaching for 24 weeks.

James Hubbard, Braemar: Contribution towards participation in Operation Raleigh in Costa Rica.

Banchory Stonehaven AC: contribution towards an all-weather training facility.

Aberdeen Amateur Athletic Club: Funding to assist women's group to travel to events.

Torphins Playgroup: Funding for Balance Bikes and Helmets.

Torphins School Parent Council: Contribution towards purchase of playground equipment.

Braehead School, Aberdeen: Funding for children to undertake outdoor/ wilderness challenges at Adventure Aberdeen.

Dunnottar Primary School, Stonehaven: Funding for purchase of athletics equipment and Hi-Viz vests.

Crathie School: Contribution towards funding a P.E. post for under-5's for one year.

T-Shirt Competition

Our T-shirt design competition was extremely popular again this year with hundreds of entries received from all over the north east.

We decided on three winners with the excellent submission from Louisa Benson, a pupil at Cults Primary in Aberdeen, being used on the front cover of our race programme. Somer Turnball from Kemnay Academy, saw her design on the Kongsberg Maritime secondary schools 2.5km race t-shirts, and the design by Luiza Walowska of Kaimhill Primary in Aberdeen, featured on the MPH primary schools 1.5km shirts. Louisa, Somer and Luiza all received a prize and their schools were each awarded £250 for sports-related projects.



Luiza Walowska,
Kaimhill Primary



Somer Turnball,
Kemnay Academy



Louisa Benson,
Cults Primary



Pupils from Braehead School in Aberdeen enjoy outdoor learning activities at Adventure Aberdeen

RunBalmoral - Roll of Honour 2016

MPH Primary Schools 1.5km

| Boys | min:sec |
|-----------------------------------------|---------|
| 1 Scott Coull (<i>Metro Aberdeen</i>) | 05:45 |
| 2 Russell Barnett (<i>VP Glasgow</i>) | 05:59 |
| 3 Tom Findlay | 05:57 |

Kongsberg Maritime 2.5km

| Boys | min:sec |
|------------------------------------------|---------|
| 1 Harry Hall (<i>Aberdeen AAC</i>) | 07:26 |
| 2 Jack Gillespie (<i>Aberdeen AAC</i>) | 07:34 |
| 3 Nic Tierney (<i>Aberdeen AAC</i>) | 07:37 |

ConocoPhillips 5km

| Men | min:sec |
|------------------------------------------------|---------|
| 1 Kenny Wilson (<i>Moray Road Runners</i>) | 15:14 |
| 2 Stephen Mackay (<i>Inverness Harriers</i>) | 15:24 |
| 3 Callum Symmons (<i>Aberdeen AAC</i>) | 15:37 |

Stena Drilling Tartan 10km

| Men | min:sec |
|---------------------------------------------|----------|
| 1 Will Mackay (<i>Aberdeen AAC</i>) | 32:28:00 |
| 2 John Newsom (<i>Inverness Harriers</i>) | 33:16:00 |
| 3 Andrew Brown (<i>Edinburgh</i>) | 35:45:00 |

MPH Primary Schools 1.5km

| Girls | min:sec |
|------------------------------------------------------|---------|
| 1 Anya Morrison (<i>East Sutherland AC</i>) | 06:04 |
| 2 Valencia Wright (<i>VP Glasgow</i>) | 06:15 |
| 3 Isabella Thomson (<i>Banchory Stonehaven AC</i>) | 06:20 |

Kongsberg Maritime 2.5km

| Girls | min:sec |
|-------------------------------------------------------|---------|
| 1 Rebecca Eggeling (<i>Aberdeen AAC</i>) | 07:52 |
| 2 Lauren Liversidge (<i>Banchory Stonehaven AC</i>) | 08:49 |
| 3 Laura Mcneill (<i>Aberdeen AAC</i>) | 08:55 |

ConocoPhillips 5km

| Women | min:sec |
|-------------------------------------------------|---------|
| 1 Jenny Bannerman (<i>Inverness Harriers</i>) | 17:03 |
| 2 Gemma Cormack (<i>Aberdeen AAC</i>) | 17:43 |
| 3 Naomi Lang (<i>Aberdeen AAC</i>) | 17:50 |

Stena Drilling Tartan 10km

| Women | min:sec |
|------------------------------------------------|----------|
| 1 Jennifer Wetton (<i>Central AC</i>) | 36:20:00 |
| 2 Nicola Gauld (<i>Aberdeen AAC</i>) | 36:45:00 |
| 3 Sarah Liebnitz (<i>Inverness Harriers</i>) | 38:31:00 |

Corporate Team Challenge winners:- Aberdeen Sports Village

Apollo Duathlon

| Men | hr:min:sec |
|--------------------------------------------|------------|
| 1 Dan Whitehead (<i>Deeside Runners</i>) | 01:22:32 |
| 2 Lewis Champion (<i>Braco</i>) | 01:23:30 |
| 3 Ian Russell (<i>Aberdeen</i>) | 01:23:37 |

Glacier Energy 15 Mile Trail Race

| Men | hr:min:sec |
|---------------------------------------------------|------------|
| 1 Michael O'Donnell (<i>Inverness Harriers</i>) | 01:29:56 |
| 2 Brian Bonnyman (<i>Westerlands</i>) | 01:32:14 |
| 3 Roger Clark | 01:32:57 |

Wee Trail Race

| Men | min:sec |
|------------------|----------|
| 1 Simon Smith | 23:26:00 |
| 2 Stephen Bond | 23:46:00 |
| 3 James Jamieson | 26:33:00 |

Apollo Duathlon

| Women | hr:min:sec |
|-------------------------------------|------------|
| 1 Kerry Prise (<i>Aberdeen</i>) | 01:33:08 |
| 2 Laura Wood (<i>Aberdeen</i>) | 01:36:50 |
| 3 Laura Murray (<i>Lumphanan</i>) | 01:42:17 |

Glacier Energy 15 Mile Trail Race

| Women | hr:min:sec |
|--------------------------------------------------|------------|
| 1 Moira Davie (<i>Forres Harriers</i>) | 01:38:15 |
| 2 Veronique Oldham (<i>Cosmic Hillbashers</i>) | 01:42:37 |
| 3 Anne Hartmann (<i>Edinburgh</i>) | 01:45:04 |

Wee Trail Race

| Women | min:sec |
|-----------------------------------------|----------|
| 1 Anisha Badial (<i>Aberdeen AAC</i>) | 20:48:00 |
| 2 Nicolle Beattie | 22:50:00 |
| 3 Rebecca Birnie | 23:58:00 |



MPH Primary Schools 1.5km

Metro Aberdeen's Scott Coull, from Westhill, pictured below right, won the MPH primary schools 1.5km boys' race when recording 5:45 to finish four secs ahead of VP Glasgow AC's Russell Barnett while Tom Findlay finished third in 5:57.

Anya Morrison (East Sutherland AC), pictured below left, overhauled early leader Valencia Wright (VP Glasgow) to win the girls' 1.5km by 11 secs in 6:04 while Isabella Thomson (Banchory Stonehaven AC) held off Megan Taylor by one sec to take third spot in 6:20.

For the second year in a row, Finzean won the Aberdeenshire Active Schools trophy for having the highest number of entrants in the 'small' schools category (ie under 100 pupils) while Banchory lifted the trophy for the 'large' schools category (ie over 100 pupils).



Right: Anya Morrison
(East Sutherland AC)



Far Right: Scott Coull





▲ Above: Bert McIntosh with the top three boys in the MPH primary schools 1.5km: (left to right): Scott Coull, Russell Barnett and Tom Findlay.

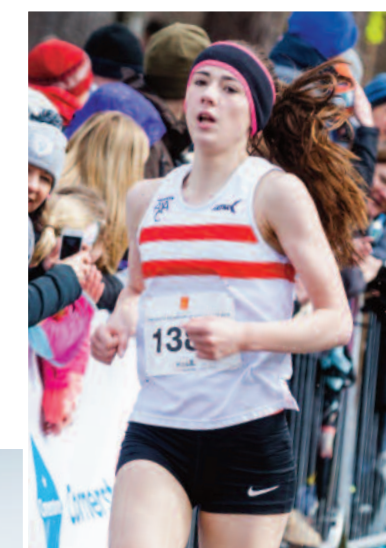
▼ Below: Bert McIntosh with the top three girls in the MPH primary schools 1.5km: (left to right): Anya Morrison, Valencia Wright and Isabella Thomson



Aberdeen AAC's Rebecca Eggeling smashed the girls' course record in the Kongsberg Maritime 2.5km race. The Robert Gordon College pupil, who also won in 2015, recorded 7:52 to scythe the 11secs off the previous standard set by her clubmate and friend Naomi Lang in 2014. Lauren Liversidge (Banchory Stonehaven AC) was runner-up in 8:49 and Laura McNeill took third in 8:55, one sec ahead of her Aberdeen AAC clubmate Elizabeth McCall. Eggeling said: "I'm very happy to win and I'm pleased with my time. I was close to eight mins last year so it's good to be that much faster. Balmoral is one of my favourite events because there's always such a good atmosphere. I've also got the primary schools record from a few years ago and I think I've probably competed here about fives times."

Harry Hall fulfilled one of his big ambitions by winning the boys' race in 7:26. The 14 year-old Aberdeen Grammar pupil sprinted clear of his Aberdeen AAC's clubmates Jack Gillespie and Nic Tierney to win in 7:26. Hall said: "This is the third time I've done this race but my previous best was fourth in 2015. I hoped to get a position on the podium this year so I'm delighted to actually win it."

Gillespie took second spot in 7:34 with Tierney recording 7:37 to take third for the second year in a row when finishing 10secs ahead of another Aberdeen AAC member, Finlay Strachan. Banchory Academy won the Aberdeenshire Active Schools Trophy for encouraging the most pupils to take part.



Right: Rebecca Eggeling
(Aberdeen AAC)



Far Right: Harry Hall
(Aberdeen AAC)





▲ Above: Peter Bennett with the top three girls in the Kongsberg Maritime 2.5km: (left to right): Rebecca Eggeling, Lauren Liversidge and Laura McNeill

▼ Below: Peter Bennett with the top three boys in the Kongsberg Maritime 2.5km: (left to right): Harry Hall, Jack Gillespie and Nic Tierney



Aberdeenshire Active Schools Awards

To encourage participation in the Balmoral races, Aberdeenshire Active Schools award trophies to the schools achieving the biggest number of entrants. There are three categories of prizes and Banchory Academy won the trophy in the secondary schools team competition, Banchory primary won the 'large' (i.e. roll of 100 or more) primary schools award and Finzean took the title for 'small' schools.

Below left: Aberdeenshire Council Chief Executive Jim Savege presents the award to; Blair Christie (P7) and Kate Pout (P1) of Finzean primary school.



Below Right: John Harding, Aberdeenshire Council's Head of Lifelong Learning and Leisure, presenting the secondary trophy to Banchory Academy's Emma Strachan.



▼ Below: Aberdeenshire Council Chief Executive Jim Savege (who competed in the Stena Drilling Tartan 10km) presents trophies to a group from Banchory primary school.





ConocoPhillips ConocoPhillips 5km

Kenny Wilson set a personal best time of 15:14 to win the ConocoPhillips 5km. The Moray Road Runners club member, who is the reigning Scottish North District 10km champion, broke away from his closest challengers after the opening 1.5km and went on to win by 10secs from middle distance specialist Stephen Mackay (Inverness Harriers).

Run Garioch 5km champion Callum Symmons (Aberdeen AAC), who was second last year, was a further 13secs behind in third position while his clubmate Steven Murray took fourth spot in 16:48. Wilson said: "I am really pleased to win and to run such a fast time. It was a good race and there was a group of us for the first kilometre but I broke away on the uphill section soon afterwards and managed to get a bit of a gap. "I was always wary that Stephen might be closing on me later on and, with his speed, he's the last person I'd have wanted on my shoulder near the end. "So, I really kicked on over the final 300 metres and ran as hard as I could. It's a good course and I'd really like to return next year to defend my title."

Steve Buchan (Metro Aberdeen) set a personal best time of 17:15 to win the over-40's title when placing 11th overall while Athol Burnett (Aberdeen AAC) was first over-50 in 18:52. Jenny Bannerman celebrated her call-up to the Scotland international side by winning the women's prize in 17:03, a time which matches her personal best set at the 2015 Scottish championships. The Inverness Harriers member, who heard a few days before the race that she had been selected to represent Scotland for the first time in a half marathon in Denmark, was delighted with her performance. She said: "I'm very pleased because it's 32secs quicker than I did when I last competed here two years ago. I think I'm stronger and fitter than I was then and I also know the course better."

Gemma Cormack (Aberdeen AAC), who won in 2015 and is a previous winner of the secondary schools race, finished second in 17:43 while the 2014 Kongsberg Maritime 2.5km schools champion Naomi Lang (Aberdeen AAC) was third in 17:50. Jacoline Mcdiarmid (Three Peaks Triathletes) lifted the over-40's award in 22:10 and Elaine Tierney led the way in the over-50's in 25:05.

▲ Above: Kenny Wilson
▼ Below: Jenny Bannerman



ConocoPhillips ConocoPhillips 5km



▲ Above: Top three women in the ConocoPhillips 5km: (Left to right) Jenny Bannerman, Gemma Cormack and Naomi Lang.

▼ Below: Hugo Lawrence with the top three men in the ConocoPhillips 5km (left to right): Kenny Wilson, Stephen Mackay and Callum Symmons.





▲ Above: Jenn Wetton
▼ Below: Will Mackay



Stena Drilling Stena Drilling Tartan 10K
CARE. INNOVATION & PERFORMANCE

Scotland international Jenn Wetton (Central AC) broke the longest-standing record in the history of the Balmoral meeting when lifting the women's title in the Stena Drilling Tartan 10km. Wetton, who was surprised by the severity of 'the hill' recorded 36:20 to shave three secs off the previous best mark set in 2006 by Aberdonian Lynn Wilson. The Stirling-based athlete was delighted with the result. She said: "My dad has run here many times before and he told me about the hill, as did my coach, Derek Easton, but it was a lot tougher than either of them made out."

Aberdeen AAC's Nicola Gauld, the 2013 winner, was runner-up in 36:45, while Sarah Liebnitz (Inverness Harriers) repeated her 2013 result by taking third position in 38:31.

The over-40's award went to Ashley Pearson Fleet Feet Triathletes in 42:56 and Sylvia Cranston (Montrose Triathlon Club) won the over-50's in 44:50.

Scottish 10,000m track champion Will Mackay enjoyed a clearcut victory in the men's race when recording 32:28 to finish 48secs ahead of John Newsom (Inverness Harriers) with Andrew Brown third in 35:45. Aberdeen AAC's Mackay was satisfied with his performance, and claimed the notorious hill wasn't as bad as he feared, saying: "I was with John for the first three kilometres, which was quite fast. He seemed to drop off after that and just before the big hill I realised I had a gap which seemed to open. I was glad I had that lead because by the time I got to the final 2km I wasn't running too quickly. I was clinging on a bit at the end. I had heard all about the big hill but I didn't find it too bad, although it was later on that it hit me and I tired a lot."

Alan Reid (Peterhead AAC) won the special prize as first kilted runner for the seventh time in 12 years when finishing ninth overall in 37:54. He was also first in the over-50 age group. Mark Norris (Dundee Road Runners) picked up the over-40's award when taking 10th spot in 37:55.

Stena Drilling Stena Drilling Tartan 10K
CARE. INNOVATION & PERFORMANCE



▲ Above: Erik Ronsberg with the top three women in the Stena Drilling Tartan 10km: (left to right) Jenn Wetton, Nicola Gauld and Sarah Liebnitz.

▼ Below: Erik Ronsberg with the top three men in the Stena Drilling Tartan 10km: (left to right) Will Mackay, John Newsom and Andrew Brown.



Stena Drilling-ConocoPhillips Corporate Team Challenge

Aberdeen Sports Village, the inaugural champions in 2013, regained the impressive antler and elm trophy after deposing Cops and Joggers from the top spot they had held for the previous two years. The ASV side comprised Gavin McWilliam, Fraser McGillivray, Ethan Fraser, Alex Bailey, Scott Craig and Gordon Taylor. A record 13 teams took part.

| | | | |
|------------------------------|------------------|--------------------------|---------|
| 1 Aberdeen Sports Village | 4hr 36min 57secs | 8 Alder but not wiser | 5:16:25 |
| 2 Team Balmoral | 4:38:53 | 9 Lions, Tigers & Beards | 5:29:33 |
| 3 Nexen | 4:42:31 | 10 Archie Foundation | 5:36:47 |
| 4 Abbott Risk Consulting | 4:43:48 | 11 Aberdeenshire Council | 5:39:14 |
| 5 CLIC Sargent | 4:47:44 | 12 Maggie's Centre | 5:41:52 |
| 6 Voluntary Service Aberdeen | 4:52:56 | 13 Diabetes UK | 5:55:42 |
| 7 Cops and Joggers | 5:04:23 | | |

James Knowles, Chairman of Balmoral Road Races, presented the trophy to ASV team members, left to right, Scott Craig, Fraser McGillivray, Gavin McWilliam, Kyle Greig (Team Manager) and Gordon Taylor.



APOLLO Apollo Duathlon

Aberdeen's Kerry Prise was stunned by the beauty of the Apollo duathlon course and admitted that spurred her on to an impressive victory in the women's division of the race, which was her final competition before relocating to Denmark for a year because of work commitments. She led all the way through the contest in which competitors started with a 6km run before transferring to bikes for a 16km ride through the woods and hills around the royal estate before finishing off with a 5km trail run. Her combined time of 1hr 33min 08 secs brought her home well ahead of titleholder Laura Wood who clocked 1:36:50 and Lumphanan's Laura Murray who was third in 1:42:17. Prise said: "I led on the first run then tried to keep it steady on the bike, but I was waiting for someone to come up behind. It didn't happen, so I was happy with that. It's such a beautiful route. When you head out through the trees and see Lochnagar in the distance it is simply stunning. This is the first time I've competed here and I had a choice to make between the 15 mile trail race and the duathlon. I think I made the right decision but all the courses look fantastic. I'll definitely be back to compete at Balmoral again."

Prise's glowing praise for the duathlon course was echoed by men's race winner Dan Whitehead who powered his way to victory in 1:22:32. The Deeside Runners club member knows the area intimately as he lives nearby, but admits to never tiring of the surroundings. He said: "I have been racing all over the country since 1989 and by this stage in my career I often find it difficult to get motivated. But coming here, it's just so beautiful and the scenery takes your mind off the race. When you climb up the track round Ripe Hill and look over to Lochnagar and see its cliffs and snow on the top, it just looks superb."

The 2015 race winner, Aberdeen's Ian Russell, surrendered second place to Braco's Lewis Champion who produced a strong sprint finish to edge ahead by seven secs in 1:23:30.



▲ Above: Kerry Prise
▼ Below: Dan Whitehead





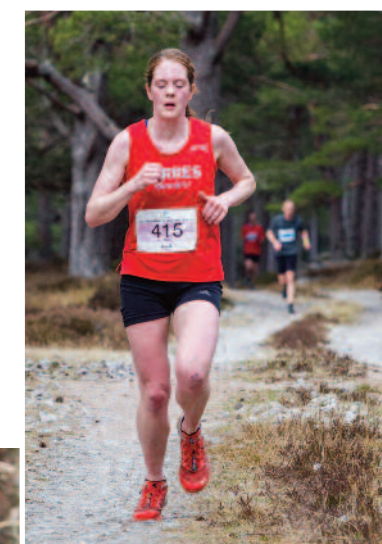
▲ Above: Richard Bell with the top three women in the Apollo duathlon. (left to right): Kerry Prise, Laura Wood and Laura Murray

▼ Below: Richard Bell with the top three men in the Apollo duathlon. (left to right): Dan Whitehead, Lewis Champion and Ian Russell



Michael O'Donnell, number 201, won the Glacier Energy 15 mile trail race when recording 1:29:56 to give Inverness Harriers a second win of the Balmoral weekend, following Jenny Bannerman's success in the ConocoPhillips 5km. The former Aberdeen-based runner broke clear of his challengers after five miles and finished well ahead of Brian Bonnyman (Westerlands) who clocked 1:32:14 while Roger Clark was third in 1:32:57. O'Donnell said: "It's a lovely course and I really enjoyed it although the final hill with about one mile to go is a real killer. The last time I was here, three years ago, I ran about 15 minutes slower so I'm happy and to win is brilliant."

Aberdeen doctor Moira Davie (Forres Harriers) collected the women's prize for the second year in a row, recording 1:38:15. Veronique Oldham (Cosmic Hillbashers), the 2014 champion, was second in 1:42:37 and Edinburgh's Anne Hartmann finished third in 1:45:04. Davie was delighted to retain the title and surprised herself with her time. She said: "I wasn't running as scared as last year when I knew there were other girls quite close behind me. I didn't realise my time was about three minutes quicker than I did in 2015, so I'm happy with that as well. I've been doing a lot more longer runs this year and less speedwork so I wasn't sure how I'd get on."



Right: Moira Davie (Forres Harriers)

Below: Michael O'Donnell





▲ Above: RunBalmoral Director Richard Gledson with the top three women in the Glacier Energy 15 Mile Trail race (left to right); Moira Davie, Veronique Oldham and Anne Hartmann.

▼ Below: RunBalmoral Director Richard Gledson with the top three men in the Glacier Energy 15 Mile Trail race (left to right); Michael O'Donnell, Brian Bonnyman and Roger Clark.



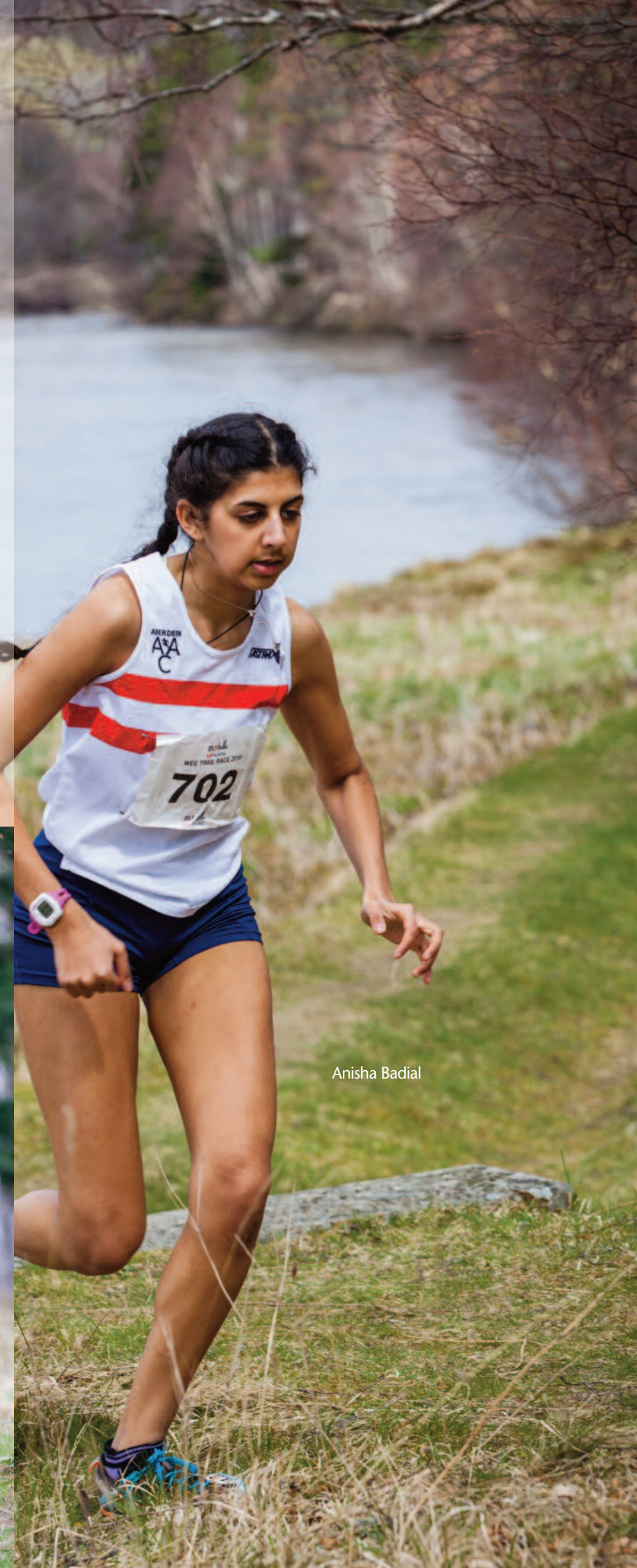
Jogscotland Challenge Wee Trail Race, 3 Miles

Aberdeen AAC's Anisha Badial completed the scenic three mile route around the castle grounds in 20min 48secs, which brought her home ahead of all the men in the run which was the opening event in this year's Jogscotland challenge series. The previous best time for the route was the 20:53 recorded by Banchory Stonehaven AC's Calum Kitching in 2014. Badial, who won the Scottish under-17 trail running title in 2015, said: "I really enjoyed it but the hills were tough. I'm happy to win."

Nicolle Beattie was second in 22:50 and third-placed Simon Smith was first man in 23:26, 20secs ahead of Stephen Bond. Rebecca Birnie, who was first woman in 2015, finished third in 23:58 while James Jamieson was third man in 26:33.



Simon Smith



Anisha Badial

Event Village and Corporate Hospitality

The Event Village continues to play an important and popular role in offering a range of facilities and activities for visitors to the estate over the race weekend, primarily on the Saturday. Charities were again given space alongside the caterers and other exhibitors, and our retail partner Run-4-It also had a presence. Corporate Hospitality is provided at the event for any company or organisation which requests this facility. This year we catered for more than 500 guests in the hospitality marquee.



Charities

We worked in partnership with 13 charities this year:

GOLD Nominated Charity

- Macmillan Cancer Support: www.macmillan.org.uk

SILVER Nominated Charities

- Anchor www.balmoral-group.com/friendsofanchor/index.php
- CLAN Cancer Support: www.clanhouse.org
- CLIC Sargent: www.clicsargent.org.uk
- Gastrocan: www.gastrocan.org.uk
- Maggie's Centres: www.maggiescentres.org
- The Archie Foundation: www.archiefoundation.org.uk
- VSA: www.vsa.org.uk

Affiliated Charities

- Aberdeen Football Community Trust: www.afccommunitytrust.org
- Charlie House: www.charliehouse.org.uk
- Cornerstone: www.cornerstone.org.uk
- Crathie Opportunity Holidays: www.crathieholidays.org.uk
- Diabetes UK: www.diabetes.org.uk

The response from the charities has once again been superb. In addition to our partner charities we are aware of numerous groups and individuals who were taking part in the races to raise funds for numerous worthy causes and we estimate that in excess of £100,000 was raised for worthy causes. Our first Gold nominated charity, Macmillan, estimate they have raised £15,000-£20,000 from this year's event and they have already signed up for 2017. There is no doubt that RunBalmoral is a key event in the fund raising activities which benefit many charities in the area.



Sponsors, Partners, Event Supporters & Suppliers

The Event Village continues to play an important and popular role in offering a range of facilities and activities for visitors to the estate over the race weekend, primarily on the Saturday. Charities were again given space alongside the caterers and other exhibitors, and our retail partner Run-4-It also had a presence. Corporate Hospitality is provided at the event for any company or organisation which RunBalmoral could not take place without our sponsors, partner organisations, service providers and volunteers. Hundreds of people contribute in a variety of ways to making the event a success and we are indebted to them all.

Main Sponsors and Partners

Stena Drilling, ConocoPhillips, Apollo, Glacier Energy Services, Kongsberg Maritime, MPH Ltd. Aberdeenshire Council, Balmoral Estate, Run-4-It, Strathmore Water.

Event Supporters

Aboyne Academy, 1st Braemar Scouts, 1st Inch Scouts, Aberdeenshire Leaders, Air Training Corps (NE Scotland Wing),

Blair Gibb Complementary Therapy, Braemar Junior Highland Games, Braemar Miniature Railway, Braemar Mountain Rescue, Braemar Toddlers Group, Crathie School, Deans of Huntly Ltd, D S Medals and Trophies, Front Runner, Friskis & Svettis, Grampian Fire and Rescue Service, George Ross (John Clark Specialist Cars), Local GPs and Physios, Local Stewards, Morrone Explorer Scout Unit, Mr and Mrs Dobbie, Police Scotland, Ronnie Finnie, Royal Lochnagar Distillery, RSPB, Scottishathletics, St Andrews First Aid, T-Print.

Suppliers

Angus Forbes Photography, Ashers Ice Cream, Castle Plant, Central Insurance Services Ltd, Country Flavours of Alford, Esslemont Marquees, Field Track Ltd, Genny Hire, Graham Whyte, Grampian Event Security, Grant Considine, Greens of Haddington, Heilan Loos, Limehouse Design, Invercauld Estate, Itab, J. Barclay, Jamie Ross, Scotcomputerservices, Scottish Communications, Marathon-photos.com, Outdoor Discovery, Resultsbase.net, Scottish Ambulance Service, Steven J. Innes, Streamline, Sage Pay, Bank of Scotland, Wilderness Scotland, World Pay.

Participation Stats

| NUMBER OF FINISHERS PER RACE 2005-2016 | | | | | | | | | | | |
|----------------------------------------|------|-----|------------|----------|-----------|------|--------|--------|------|-------|-------|
| | 10K | 5K | Trail Race | Duathlon | Wee Trail | 2.5k | 1.5K B | 1.5K G | Mile | Other | Total |
| 2016 | 1735 | 633 | 437 | 158 | 35 | 219 | 426 | 381 | | | 4022 |
| 2015 | 1823 | 714 | 429 | 143 | 37 | 237 | 449 | 401 | x | x | 4233 |
| 2014 | 1825 | 692 | 327 | | 55 | 212 | 414 | 392 | x | x | 3917 |
| 2013 | 1855 | 766 | 297 | | | 228 | 452 | 374 | x | x | 3972 |
| 2012 | 1915 | 641 | 218 | | | 215 | 375 | 324 | 184 | x | 3872 |
| 2011 | 1940 | 732 | 148 | | | 184 | 375 | 308 | x | x | 3687 |
| 2010 | 1889 | 819 | x | | | 214 | 354 | 278 | x | x | 3554 |
| 2009 | 1999 | 614 | x | | | 191 | 524 * | x | x | x | 3328 |
| 2008 | 1884 | 514 | x | | | 185 | 477 * | x | x | x | 3060 |
| 2007 | 1533 | 227 | x | | | 165 | 384 * | x | x | x | 2309 |
| 2006 | 1347 | 76 | x | | | 172 | 347 * | x | x | x | 1942 |
| 2005 | 1384 | x | x | | | x | x | x | x | 568 + | 1952 |

Notes: * Combined boys and girls races + Junior race mixed ages

RUN BALMORAL 2016 ENTRY AND PARTICIPATION NUMBERS

| Race | Number who entered | Number who participated |
|--------------------------------------------|--------------------|-------------------------|
| MPH Primary Schools 1.5K Boys | 509 | 426 |
| MPH Primary Schools 1.5K Girls | 464 | 381 |
| Kongsberg Maritime secondary schools 2.5km | 309 | 219 |
| ConocoPhillips 5km | 904 | 633 |
| Stena Drilling 10km | 2355 | 1,735 |
| Apollo Duathlon | 243 | 158 |
| Glacier Energy 15 Mile Trail race | 592 | 437 |
| Wee Trail race | 43 | 35 |
| | 5,419 | 4,022 |





Balmoral Road Races Ltd

Board of Directors: James Knowles (Chair) | Richard Gledson.

RunBalmoral Management Team: Alastair Simpson | Garry Marsden | Fraser Clyne | Jane Fedo

Photography: Angus Forbes, www.angusforbesphotography.co.uk
Design and Production: Limehouse Design, Dundee